


# CANNON FALLS SCHOOLS

## JULY 2019 Breakfast & Lunch Menu

This is an equal opportunity employers

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
1	<p style="text-align: center;"><i>Cereal Juice and Fruit Cheese Stick or Yogurt</i></p> <p style="text-align: center;">Hot Ham &amp; Cheese Veggie Tray Peaches Chips</p>	2	<p style="text-align: center;"><i>Muffin Juice and Fruit Cheese Stick or Yogurt</i></p> <p style="text-align: center;">Beef Taco in a Bag w/ Fixings Applesauce</p>	3	<p style="text-align: center;"><i>Cereal Juice and Fruit Cheese Stick or Yogurt</i></p> <p style="text-align: center;">Turkey Sandwich Yogurt / Pears Carrots Cookie / Chips</p>	4			5	<p style="text-align: center;"><i>Cereal Bar Juice and Fruit Cheese Stick or Yogurt</i></p> <p style="text-align: center;">Uncrustable String Cheese Veggie Tray Mandarin Oranges</p>
8	<p style="text-align: center;"><i>Cereal Juice and Fruit Cheese Stick or Yogurt</i></p> <p style="text-align: center;">Pizza Green Beans Pineapple</p>	9	<p style="text-align: center;"><i>Banana Bread Juice and Fruit Cheese Stick or Yogurt</i></p> <p style="text-align: center;">Chicken Fajita w/Fixings Applesauce</p>	10	<p style="text-align: center;"><i>Donut Juice and Fruit Cheese Stick or Yogurt</i></p> <p style="text-align: center;">Uncrustable Yogurt Carrots Cookie / Apple</p>	11	<p style="text-align: center;"><i>Cereal Juice and Fruit Cheese Stick or Yogurt</i></p> <p style="text-align: center;">Sloppy Joe on a Bun Veggie Tray Side Kick Chips</p>	12	<p style="text-align: center;"><i>Cereal Bar Juice and Fruit Cheese Stick or Yogurt</i></p> <p style="text-align: center;">Italian Dunker w/Sauce Veggie Tray Mixed Fruit</p>	
15	<p style="text-align: center;"><i>Cereal Juice and Fruit Cheese Stick or Yogurt</i></p> <p style="text-align: center;">Chicken Sandwich Broccoli Pears</p>	16	<p style="text-align: center;"><i>Muffin Juice and Fruit Cheese Stick or Yogurt</i></p> <p style="text-align: center;">Soft Shell Beef Taco w/Fixings Applesauce</p>	17	<p style="text-align: center;"><i>Cereal Juice and Fruit Cheese Stick or Yogurt</i></p> <p style="text-align: center;">Ham &amp; Cheese Sandwich Yogurt Orange Cookies / Chips</p>	18	<p style="text-align: center;"><i>Cereal Juice and Fruit Cheese Stick or Yogurt</i></p> <p style="text-align: center;">Meatball Sub California Blend Veggies Side Kick</p>	19	<p style="text-align: center;"><i>Cereal Bar Juice and Fruit Cheese Stick or Yogurt</i></p> <p style="text-align: center;">Max Stix w/ Sauce Veggie Tray Peaches</p>	
22	<p style="text-align: center;"><i>Cereal Juice and Fruit Cheese Stick or Yogurt</i></p> <p style="text-align: center;">Hamburger on a Bun Pickles Baked Beans Peaches</p>	23	<p style="text-align: center;"><i>Muffin Juice and Fruit Cheese Stick or Yogurt</i></p> <p style="text-align: center;">Beef Nachos w/Fixings Applesauce</p>	24	<p style="text-align: center;"><i>Cereal Juice and Fruit Cheese Stick or Yogurt</i></p> <p style="text-align: center;">Turkey Sandwich String Cheese Carrots Apple / Cookie</p>	25	<p style="text-align: center;"><i>Cereal Juice and Fruit Cheese Stick or Yogurt</i></p> <p style="text-align: center;">Popcorn Chicken Rice Broccoli Side Kick</p>	26	<p style="text-align: center;"><i>Cereal Bar Juice and Fruit Cheese Stick or Yogurt</i></p> <p style="text-align: center;">Hot Dog on a Bun w/Fixings Veggie Tray Cookie / Pears</p>	
29	<p style="text-align: center;"><i>Cereal Juice and Fruit Cheese Stick or Yogurt</i></p> <p style="text-align: center;">Grilled Chicken Sandwich Corn Pears</p>	30	<p style="text-align: center;"><i>Banana Bread Juice and Fruit Cheese Stick or Yogurt</i></p> <p style="text-align: center;">Soft Shell Beef Taco w/Fixings Applesauce</p>	31	<p style="text-align: center;"><i>Cereal Juice and Fruit Cheese Stick or Yogurt</i></p> <p style="text-align: center;">Uncrustable String Cheese Carrots Peaches / Cookie</p>	<p>All meals are subject to change and include milk choice of skim, 1%, chocolate or lactaid</p> <p style="text-align: center;"><b>Other options available at lunch:</b> Fresh Fruit Meat &amp; cheese sandwich</p>		<p style="text-align: center;"><b>Breakfast is served 7:30 – 8:30 AM</b></p> <p style="text-align: center;"><b>Lunch is served 11:30 AM – 12:30 PM</b></p>		