

# MARCH 2019

## CANNON FALLS AREA SCHOOLS BREAKFAST & LUNCH MENU

This is an equal opportunity employer

Monday	Tuesday	Wednesday	Thursday	Friday
<p>All meals are subject to change and include milk choice of chocolate, 1%, skim or lactaid</p> <p>All breakfasts include juice and fruit. Cereal is available each day as an entrée choice.</p>		<p>Meal Prices:                      Student Breakfast \$1.70                      Adult/Guest breakfast \$2.40                      PreK-5<sup>th</sup> grade lunch \$2.50                      6-12 grade lunch \$2.60                      Adult/Guest Lunch \$4.00                      Milk only/extra \$0.55</p>		<p><b><u>Bagel</u></b>                      Hot Ham &amp; Cheese                      Broccoli &amp; Cheese                      Lettuce Salad                      Fresh Fruit</p> <p style="text-align: right;">Day 1</p>
<p><b><u>Breakfast Pizza</u></b></p> <p>Walking Beef Tacos                      W/Fixings                      Mexican Rice                      Applesauce</p> <p style="text-align: right;">Day 1</p>	<p><b><u>Pancakes</u></b>                      Chicken Nuggets                      Mashed Potatoes w/Gravy                      Corn                      Dinner Roll                      Peaches</p> <p style="text-align: right;">Day 2</p>	<p><b><u>Breakfast Sandwich</u></b></p> <p>Cheese Pizza                      Lettuce Salad                      Green Beans                      Pineapple</p> <p style="text-align: right;">Day 3</p>	<p><b><u>Banana Bread</u></b>                      Corn Dog                      Lettuce Salad                      Veggie Tray                      Pears                      Chips</p> <p style="text-align: right;">Day 4</p>	<p><b><u>Cereal Bar</u></b></p> <p>Cheese Bosco Stick                      Veggie Tray                      Lettuce Salad                      Fresh Fruit</p> <p style="text-align: right;">Day 1</p>
<p><b><u>Muffin</u></b></p> <p>Meatball Sub w/Sauce                      Lettuce Salad                      Peas                      Applesauce</p> <p style="text-align: right;">Day 1</p>	<p><b><u>Waffles</u></b></p> <p>Chicken Fajita w/Fixings                      Black Bean Salsa                      Lettuce Salad                      Peas</p> <p style="text-align: right;">Day 2</p>	<p><b><u>Eggs Sausage &amp; Cereal</u></b>                      Hamburger on a Bun                      Baked Beans                      Lettuce Salad                      Applesauce  <b>EARLY RELEASE</b></p> <p style="text-align: right;">Day 3</p>	<p><b><u>Pancake on a Stick</u></b></p> <p>Fish Nuggets                      Buttered Noodles                      Mixed Vegetables                      Lettuce Salad                      Peaches</p> <p style="text-align: right;">Day 4</p>	<p><b><u>Bagel</u></b></p> <p>Italian Dunker w/Sauce                      Lettuce Salad                      Veggie Tray                      Fresh Fruit</p> <p style="text-align: right;">Day 1</p>
<p><b><u>Banana Bread</u></b></p> <p>Chicken Patty on a Bun                      Mixed Vegetables                      Lettuce Salad                      Mixed Fruit</p> <p style="text-align: right;">Day 2</p>	<p><b><u>French Toast</u></b>                      Baked Spaghetti                      Garlic Toast                      Lettuce Salad                      Cottage Cheese                      Peaches</p> <p style="text-align: right;">Day 3</p>	<p><b><u>Breakfast Sandwich</u></b></p> <p>Rib Sandwich                      Lettuce Salad                      Carrots                      Pears</p> <p style="text-align: right;">Day 4</p>	<p><b><u>Muffin</u></b></p> <p>Pizza Burger                      Lettuce Salad                      Mixed Vegetables                      Peaches</p> <p style="text-align: right;">Day 1</p>	<p><b><u>Cereal Bar</u></b></p> <p>Fish on a Bun                      Baked Beans                      Cole Slaw                      Applesauce</p> <p style="text-align: right;">Day 2</p>
<p><b><u>Cereal Bar</u></b></p> <p>Grilled Chicken on a Bun                      Veggie Tray                      Lettuce Salad                      Peas</p> <p style="text-align: right;">Day 3</p>	<p><b><u>Pancake on a Stick</u></b></p> <p>Chili &amp; Cinnamon Roll                      String Cheese                      Lettuce Salad                      Pineapple</p> <p style="text-align: right;">Day 4</p>	<p><b><u>Breakfast Pizza</u></b></p> <p>Italian Beef Sandwich                      w/Cheese                      Broccoli                      Lettuce Salad                      Applesauce</p> <p style="text-align: right;">Day 1</p>	<p><b><u>Omelet &amp; Cereal</u></b></p> <p>Foot Long Hot Dog w/Fixings                      Cole Slaw                      Chips                      Fresh Fruit                      Ice Cream</p> <p style="text-align: right;">Day 2</p>	<p><b><u>Bagel</u></b></p> <p>Macaroni &amp; Cheese                      Bread Stick                      Lettuce Salad                      Veggie Tray                      Apple Slices</p> <p style="text-align: right;">Day 3</p>