




SEPTEMBER 2017

CANNON FALLS AREA SCHOOLS BREAKFAST & LUNCH MENU

This is an equal opportunity employer

Monday	Tuesday	Wednesday	Thursday	Friday
<p>NO SCHOOL</p> 	<p>5 <u>Cereal & Yogurt/Cheese Stick</u> Chicken Sandwich Lettuce Salad Mixed Vegetables Pears DAY 1</p>	<p>6 <u>Banana Bread</u> Meatball Sub Cole Slaw / Lettuce Salad Mandarin Oranges Chips DAY 2</p>	<p>7 <u>Pancakes</u> Hot Ham & Cheese Broccoli Lettuce Salad Fresh Fruit DAY 3</p>	<p>8 <u>Breakfast Bar</u> Italian Dunker w/Sauce Lettuce Salad Veggie Tray Sherbet DAY 4</p>
<p>11 <u>Breakfast Sandwich</u> Pizza Green Beans Lettuce Salad Pineapple DAY 1</p>	<p>12 <u>Pancakes</u> Soft Shell Beef Taco OR Enchilada Lettuce Salad Black Beans & Rice Applesauce DAY 2</p>	<p>13 <u>Breakfast Pizza</u> Sloppy Joe w/Pickles Glazed Carrots Lettuce Salad Chips Fresh Fruit EARLY RELEASE DAY 3</p>	<p>14 <u>Muffin</u> Roast Turkey Sandwich Roasted Potatoes Lettuce Salad Pears DAY 4</p>	<p>15 <u>Breakfast Wrap</u> Corn Dog Veggie Tray Lettuce Salad Side Kick DAY 1</p>
<p>18 <u>French Toast</u> Hamburger w/Cheese Baked Beans Lettuce Salad Pickles Pears DAY 2</p>	<p>19 <u>Breakfast Sandwich</u> Baked Spaghetti Cottage Cheese Spinach Garlic Toast Mixed Fruit DAY 3</p>	<p>20 <u>Muffin</u> Quesadilla w/Fixings Lettuce Salad Applesauce DAY 4</p>	<p>21 <u>Breakfast Bar</u> Popcorn Chicken & Rice Oriental Vegetables Lettuce Salad Peaches DAY 1</p>	<p>22 <u>Bagel</u> Fish Sandwich Cole Slaw Lettuce Salad Fresh Fruit DAY 2</p>
<p>25 <u>Breakfast Sandwich</u> Meatloaf Mashed Potatoes Corn / Dinner Roll Peaches DAY 3</p>	<p>26 <u>Pancakes</u> Max Stix w/Sauce Veggie Tray Lettuce Salad Apple Slices DAY 4</p>	<p>27 <u>Cereal & Yogurt/String Cheese</u> Grilled Chicken Sandwich Mixed Vegetables Lettuce Salad Mandarin Oranges DAY 1</p>	<p>28 <u>Muffin</u> Mr Ribb Broccoli & Cheese Lettuce Salad Pears DAY 2</p>	<p>29 <u>Bagel</u> Sub Sandwich Pickles Lettuce Salad Side Kick DAY 3</p>
<p>All meals are subject to change and include milk choice of chocolate, 1%, skim or lactaid</p> <p>All breakfasts include juice and fruit. Cereal is available each day as an entrée choice.</p>		<p>DAILY ON THE LUNCH LINE:</p> <p>ALTERNATE ENTRÉE = MEAT & CHEESE SANDWICH</p> <p>An assortment of fruits and vegetables is also available</p>		<p>Meal Prices: Student Breakfast \$1.60 Adult/Guest breakfast \$2.30 PreK-5th grade lunch \$2.40 6-12 grade lunch \$2.50 Adult/Guest Lunch \$3.90 Milk only/extra \$0.55</p>